



SENIOR CITIZENS CLUB RASHTRIYA GRAMIN VIKAS NIDHI (RGVN)

Rajgarh Main road,
Guwahati-781003, Assam



Provide a relaxed environment where senior citizen can enjoy the company of others and share their feelings with each other.

Frequent home visit and also collection of information about health via phone.

Sharing of information among members through WhatsApp group.

A team is engaged who is always willing to help and take proper care of the members. Our staff is widely appreciated for their dedication and kind behaviour.

ACTIVITIES

Every Wednesday evening 1 hour Yoga practice (5:30 pm - 6:30 pm)

Continuous interaction with all the members throughout the year.

Activities like singing, recreation, and Recitation sessions are also arranged. Healthy refreshment is also provided.

Future plans:

- (i) Introduction of caretaker services for the senior citizen club members.
- (ii) The members of the '*Senior Citizen Club*' will get-
 - ☒ Medical help that will include time to time health check-ups, provision of doctor and nurses during emergency.
 - ☒ Help them in Shopping, house-hold chores etc.
 - ☒ Provision of an Ambulance during emergency condition.



CONTACT US AT:

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